

ANNUAL REPORT

- 2022 / 2023



Written By
NEKPAL SINGH

PROJECT AREA



Our projects primarily cover rural and semi-urban areas across Uttarakhand . The state's diversity offers both opportunities and challenges – from education gaps in villages to healthcare access in remote districts. Through partnerships and grassroots engagement, we are building localized solutions.



Save The Life Charitable
Trust

MESSAGE FROM PRESIDENT



Dear Friends, Partners, and Well-Wishers,

The year 2022–2023 has been one of resilience, learning, and progress. Despite challenges, our collective efforts have helped us move closer to our mission. We not only expanded our initiatives but also deepened our impact at the grassroots level. Each milestone achieved reflects the hard work of our dedicated team, the trust of our partners, and the unwavering support of our community.

As we step into 2023–26, our vision remains clear: to build sustainable, impactful programs that transform lives and create lasting change. Together, we will continue to strengthen our foundation and embrace new opportunities for growth.

With gratitude and determination,

NEKPAL SINGH

President





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WHO WE ARE



SAVE THE LIFE CHARITABLE TRUST is a non-profit organization founded with the belief that social transformation begins at the grassroots. Over the years, we have evolved into a platform that empowers communities across Uttarakhand through targeted interventions in education, healthcare, women's empowerment, skill development, and environmental sustainability. Our name, "Uday," meaning "rise," reflects our core purpose – to uplift those who have been left behind and to rise together as a society built on equity and compassion.

Our team consists of dedicated social workers, volunteers, professionals, and community leaders who bring a mix of expertise and empathy. We work closely with local bodies, government schemes, and partner NGOs to ensure that our efforts are aligned with sustainable development goals. What makes us unique is our participatory approach – involving communities in identifying their needs and co-creating solutions. From running after-school programs for children in slums, to organizing mobile health clinics in remote villages, to conducting workshops for skill training, we ensure that our work touches lives directly and meaningfully.





SAVE THE LIFE CHARITABLE TRUST



SAVE THE LIFE CHARITABLE TRUST was founded with a simple belief – that every individual, regardless of background, deserves dignity, opportunity, and care. Our vision is to create self-reliant communities where education, healthcare, and empowerment open doors to brighter futures.

OUR MISSION

Our mission is to deliver sustainable programs that address grassroots challenges through inclusivity, transparency, and community participation. Core values of compassion, integrity, equality, and service guide us every day

OUR VISION

Over the years, we have grown into a trusted NGO that bridges gaps between resources and communities. From empowering women entrepreneurs to organizing free medical camps, we are committed to making social change meaningful and measurable.



Our women empowerment projects created 120+ small businesses led by self-help groups. Environmental initiatives such as tree plantation drives, waste management awareness, and clean water programs touched 10,000+ households. Additionally, collaborations with corporate partners enabled us to scale impactful programs.

KEY HIGHLIGHTS OF 2022-2023

This year marked several milestones for SAVE THE LIFE CHARITABLE TRUST. We launched five new education centers, provided medical assistance to 8,000+ villagers, and trained over 600 youth in vocational skills.



Empowering Education

Through our community-based learning programs, over 350 underprivileged children gained access to quality education, school supplies, and mentorship support



Health & Nutrition Drive

We successfully conducted 12 health camps across rural Uttarakhand, providing free medical checkups, medicines, and nutritional support to nearly 1,800 individuals

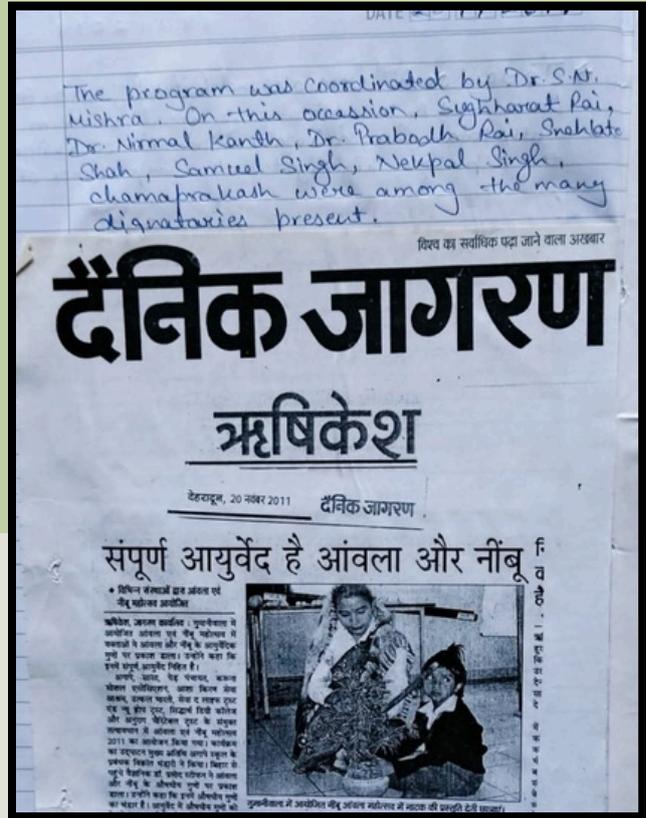
"Transforming Lives, Building Hope – Together We Rise!"





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OUR APPROACH FOR FUTURE



Our approach combines grassroots engagement with modern solutions. We work directly with communities to understand their unique challenges and co-create sustainable programs. With strong partnerships, transparent operations, and data-driven strategies, we ensure that every effort delivers measurable impact. From small villages to urban settlements, our work adapts to the diverse needs of society. By empowering local leaders and fostering inclusive participation, we aim to build resilient communities that can thrive in the face of adversity. Our initiatives focus on education, healthcare, and economic development, providing tools and resources that enable individuals to achieve their full potential. We believe in the power of collaboration, where every voice is heard and every stakeholder plays a crucial role in shaping the future. Through continuous learning and innovation, we strive to create a world where opportunities are accessible to all, paving the way for a brighter, more equitable tomorrow.





SAVE THE LIFE CHARITABLE TRUST



This year marked several milestones for SAVE THE LIFE CHARITABLE TRUST. We launched five new education centers, provided medical assistance to 8,000+ villagers, and trained over 600 youth in vocational skills.

"EMPOWERING LIVES, ONE STEP AT A TIME - BECAUSE EVERY SMALL EFFORT CREATES A RIPPLE OF CHANGE."





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KEY PROGRAMS & INITIATIVES



In 2022–2023, we expanded our programs to reach more communities with sustainable, inclusive, and impactful initiatives. Our Skill Development Program empowered rural youth and women with vocational training such as tailoring, digital literacy, and spoken English, directly improving their employability. Health & Hygiene Drives were organized across villages, spreading awareness about sanitation, nutrition, and menstrual health. Through Education for All, we supported underprivileged children with school kits, remedial classes, and mentorship programs. Special focus was given to Women Empowerment Circles, where self-help groups (SHGs) were guided in micro-entrepreneurship. Each of these initiatives has been a step toward building self-reliant communities, creating long-term impact beyond immediate aid.





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SKILL DEVELOPMENT PROGRAM



We believe education should go beyond classrooms and empower individuals with practical skills to earn a livelihood. Our Skill Development & Vocational Training program is designed for youth and women from underprivileged communities who often lack access to formal education or job opportunities. Through short-term courses in tailoring, computer literacy, handicrafts, spoken English, and digital awareness, we equip participants with market-relevant skills. Beyond technical knowledge, the program builds self-confidence, communication skills, and an entrepreneurial mindset. Many trainees have successfully started small businesses, found jobs in local industries, or even provided services within their neighborhoods. This initiative directly reduces unemployment and dependency, uplifting entire families. The highlight of this year was training over 200 young people, out of which nearly 60% have already begun earning through independent work or employment.





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WOMEN EMPOWERMENT & SELF-HELP GROUPS (SHGS)



Empowering women means empowering families and communities. Our Women Empowerment initiative focuses on forming and strengthening Self-Help Groups (SHGs) where women come together to learn, save money collectively, and start micro-enterprises. These groups serve as platforms for financial independence and mutual support. Training sessions on financial literacy, leadership, and entrepreneurship enable women to build confidence and actively participate in decision-making, both at home and in society. In 2023–24, we supported more than 150 women through SHGs, helping them start small businesses like stitching units, grocery stalls, and home-based food ventures. The ripple effect has been tremendous—children’s education improved, families became financially stable, and women gained respect in their households. This program reflects our vision of building a society where every woman has the opportunity to shine and lead.





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EDUCATION & LEARNING SUPPORT



Education is the strongest foundation for long-term change, yet millions of children from marginalized communities drop out due to poverty, lack of resources, or absence of support at home. Our Education & Learning Support program works to bridge this gap by providing free tuition classes, after-school learning support, and scholarships for bright students who cannot afford schooling. We also distribute books, stationery, uniforms, and digital learning tools to ensure that no child is left behind. In addition, special focus is given to first-generation learners, ensuring they do not discontinue education due to financial or social pressure. This year, over 300 children benefited from our supplementary classes, with nearly 80% showing significant improvement in reading, writing, and numeracy skills. Many children who were on the verge of dropping out have returned to school with renewed confidence. Through this program, we aim not just to educate, but to inspire curiosity, creativity, and lifelong learning.





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HEALTH & HYGIENE AWARENESS



Health is often neglected in underserved communities due to lack of awareness and access. Our Health & Hygiene Awareness program focuses on preventive healthcare, sanitation, and nutrition. We organize medical camps, distribute hygiene kits, and conduct awareness drives on topics like menstrual health, clean drinking water, and balanced nutrition. Women and children remain our priority, as they are most vulnerable to poor health conditions. This year, we reached 500+ families through free check-ups and distributed sanitary pads, soaps, and water purifiers in slum clusters. Interactive workshops helped break social taboos around menstruation and hygiene, encouraging behavioral change. The program not only improves physical health but also reduces medical expenses, enabling families to focus resources on education and livelihood. Our long-term goal is to create communities that understand health as a right and practice cleanliness as a culture.





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ENVIRONMENTAL SUSTAINABILITY & TREE PLANTATION



A healthy environment is the backbone of a sustainable future. Through our Environmental Sustainability program, we focus on tree plantation, waste management awareness, and promoting clean energy practices. This year, we planted over 2,000 trees across schools, community parks, and barren lands. Alongside plantation drives, awareness sessions were held on reducing single-use plastics, proper waste segregation, and water conservation. Students and youth volunteers played a major role, making the campaign more impactful. Our “Green Clubs” in schools encourage children to take responsibility for nurturing the saplings, creating a sense of environmental stewardship from an early age. By linking environment with livelihood, we also promote eco-friendly skills like organic farming and recycling-based micro-businesses. The initiative is not just about planting trees, but about cultivating responsibility, ensuring cleaner air, greener spaces, and a healthier tomorrow.





SAVE THE LIFE
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TRUST

Stationery Distribution program
for
NEEDY CHILDREN

Organised By -
SAVE THE LIFE CHARITABLE TRUST



“PROJECT PRAGATI - COMMUNITY EDUCATION & AWARENESS CAMPS”

Health is essential for a strong society, yet access to medical care remains challenging for underprivileged communities. Project Arogya organized health and wellness camps in underserved areas during 2023–24, providing free medical check-ups, essential medicines, diagnostic tests, and health education on nutrition, hygiene, and preventive care. Special focus was given to women and children, with guidance on maternal health, child nutrition, and vaccinations, as well as regular check-ups for senior citizens. Collaborating with local doctors and volunteer medical students enhanced service quality. By March 2022, the project benefited over 3,500 individuals, improving health outcomes and fostering a culture of awareness and prevention in the community.





who started small businesses after our skill training program, these journeys highlight the real essence of our work. Each success story is a testament to resilience, opportunity, and empowerment. By documenting these voices, we aim to inspire more communities and individuals to join this journey of change.

IMPACT STORIES - VOICES OF CHANGE

Beyond numbers, our impact is best reflected through individual stories of transformation. From a young girl in rural Rajasthan who now attends school regularly due to our scholarship initiative, to women entrepreneurs



FINANCIAL OVERVIEW - TRANSPARENCY IN ACTION

SAVE THE LIFE CHARITABLE TRUST

ADDRESS: OM VIHAR COLONY GALI NO 3 SHYAMPUR GUMANIWALA RISHKESH (U.K)
INCOME AND EXPENDITURE A/C FOR THE YEAR ENDING 31 MARCH 2022

<u>PARTICULAR</u>	<u>AMOUNT</u>	<u>PARTICULAR</u>	<u>AMOUNT</u>
<u>ADMINISTRATIVE And OTHER EXPENSES</u>		<u>INCOME</u>	
TO MEDICAL AIDS EXPS	498.00	By Member fund received	27200.00
To Travelling expenses	2750.00		
TO CAMP EXPS	3105.00		
To News paper	412.00		
To Games & kit expenses	1062.00		
To Books & periodicals	874.00		
To Conveyance expenses	578.00		
To Festival exp	1250.00		
To Training expenses	2025.00		
To Printing & stationery	265.00		
TO MOBILE EXPS	2750.00		
To Staff salary	10200.00		
To Office expenses	1431.00		
To Surplus excess of Income over expenditure	0.00		
	<u>27200.00</u>		<u>27200.00</u>

SAVE THE LIFE CHARITABLE TRUST

(President)

(Secretary)



DATE:

PLACE: AGRA

FINANCIAL OVERVIEW - TRANSPARENCY IN ACTION

SAVE THE LIFE CHARATIBLE TRUST

ADDRESS: OM VIHAR COLONY GALI NO 3 SHYAMPUR GUMANIWALA RISHKESH (U.K)

RECEIPT AND PAYMENT A/C 31 MARCH 2022

PARTICULAR	AMOUNT	PARTICULAR	AMOUNT
To Opening balance of cash	22871.00	TO MEDICAL ADDS EXPS	498.00
To Member fund received	27200.00	To Traveling expenses	3750.00
		TO CAMP EXPS	3105.00
		To News paper	412.00
		To Games & kit expenses	1062.00
		To Books & periodicals	874.00
		To Conveyance expenses	578.00
		To Festival exp	1250.00
		To Training expenses	2025.00
		To Printing & stationery	265.00
		TO MOBILE EXPS	2750.00
		To Staff salary	10200.00
		To Office expenses	1431.00
		To Creditor	200.00
		BY Closing cash and bank	22471.00
	<u>49871.00</u>		<u>49871.00</u>

AASTHA SEWA SAMITI

(President)

(Secretary)



DATE :

PLACE: AGRA



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PARTNERSHIPS & COLLABORATIONS



We believe sustainable change is possible only through collective effort. During 2023–24, we partnered with government agencies, local self-help groups, educational institutions, and corporate CSR teams. These collaborations allowed us to scale our programs, bring technical expertise, and reach wider geographies. Our corporate partners supported skill development workshops and community health drives, while NGOs in allied sectors worked with us on environment and livelihood projects. Together, these partnerships amplified our reach and impact, ensuring that every project touched more lives than we could alone.





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FUTURE ROADMAP 2023-26



Looking ahead, SAVE THE LIFE CHARITABLE TRUST aims to deepen impact and expand reach across Uttarakhand and neighboring states. Our focus for 2023-26 will include scaling education programs to cover more first-generation learners, introducing advanced digital literacy workshops, and expanding vocational skill centers for youth and women. Healthcare initiatives will focus on preventive care, maternal and child health, and mobile medical camps to reach remote communities. Environmental sustainability will continue with tree plantation drives, water conservation projects, and community awareness campaigns. Additionally, we plan to enhance monitoring and evaluation mechanisms, ensuring that each program is measurable, effective, and adaptable to community needs. The upcoming year will be about building long-term resilience, fostering self-reliance, and creating opportunities that empower individuals and communities to thrive.





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ACKNOWLEDGEMENTS



Our work would not be possible without the support of our donors, volunteers, government bodies, and partner organizations. We sincerely thank every individual and organization that contributed time, resources, and expertise to help us achieve our mission. Special recognition goes to the local community leaders who welcomed our initiatives and participated actively, ensuring sustainable impact. Volunteers have been the backbone of every program, bringing dedication, creativity, and energy to every project. We are also grateful to our corporate and institutional partners for funding and technical guidance. Together, these collective efforts have turned our vision into reality and will continue to drive positive change for years to come.



THANK YOU FOR BELIEVING IN US



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